Grapefruit
Sweet & Simple COVID Testing

8 Easy Steps for Pre-Arrival Testing

A smooth process is critical to a successful pre-arrival testing event. Please read and follow this guidance to ensure your testing process is *sweet & simple.*

1. Ensure you have given all of your personal information and insurance information to your camp more than three weeks prior to your camp arrival date.

2. Schedule your COVID-19 tele-health appointment at https://www.grapefruittesting.com Your appointment should be scheduled for 3 days prior to your arrival date. For example, if your camp arrival date is on a *Sunday*, you should schedule your appointment for the *Thursday* beforehand. **All appointments are made in EASTERN TIME.**

3. Once you sign up for an appointment, you will receive text reminders and instructions on how to log on closer to your appointment.

4. Please wait for your kit to arrive in the mail. It should arrive the week of your appointment.

5. Once your kit has arrived, follow the instructions on the kit and take the test the morning of your telehealth appointment. (Our test is a simple non-invasive nose swab. The swab only needs to go into the nostril 1 inch). *You do not have to wait until your telehealth appointment to complete the test.*

6. Ship your kit out with the UPS return label as soon as possible, ideally before Noon. The sooner your kit is returned, the more timely your results will be.

7. Log on https://grapefruit.doxy.me/ for your tele-health appointment and to speak with our provider.

8. Your results will be emailed to you as soon as they are ready. They will be ready before your camp arrival date.

That's it! We believe COVID-19 testing should be Sweet and Simple, and we work hard every day to make it that way. If you have any questions or concerns, don't hesitate to contact us or your camp immediately.