



## PLEASE READ FOR IMPORTANT TESTING INFORMATION

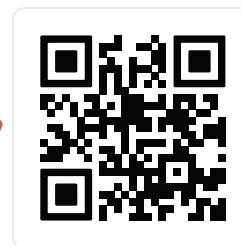
STEP

1

IMPORTANT: Schedule your COVID-19 home testing appointment for 3 days before camp arrival. It is imperative to collect the sample 3 days before arriving to camp.

Example: If your camp arrival date is on a Sunday, schedule your appointment for the Thursday beforehand.

Visit [GrapefruitTesting.com/book](https://GrapefruitTesting.com/book) or scan QR code to schedule.



*Scan me*

STEP

2

Get ready! Your test kit is on the way and should arrive about 1 week before camp. If you have questions about the test or have yet to receive your test kit, please contact Ethos Labs at (877) 496-2570.



STEP

3

Be sure to provide your correct demographic and insurance information to ensure you can obtain a timely result to attend camp.



## FREQUENTLY ASKED QUESTIONS

### **I scheduled my appointment for the wrong time. What should I do?**

Log on to [grapefruit.doxy.me](https://grapefruit.doxy.me) at your preferred time between 8a-5p EDT and a practitioner will be with you in less than 15 minutes.

### **I missed my appointment, what should I do?**

Log on to [grapefruit.doxy.me](https://grapefruit.doxy.me) between 8a-5p EDT and a practitioner will be with you in less than 15 minutes.

### **How and when will I receive my results?**

Results will be released via email within 72 hours of shipping. If a test result is abnormal (positive for COVID-19), you will also be called directly by a physician.

### **I didn't receive my results, what do I do?**

Please allow up to 72 hours for receiving your results once placed in the UPS dropbox. If you haven't received your results within 72 hours after shipping, email [admin@grapefruittesting.com](mailto:admin@grapefruittesting.com) with your name, date of birth, and camp name. Include the date that you performed testing.

Call or text us at: (213) 900-6878  
Grapefruit Testing  
[www.grapefruittesting.com](https://www.grapefruittesting.com)

## 8 EASY STEPS FOR PRE-ARRIVAL TESTING

A smooth process is critical to a successful pre-arrival testing event. Please read and follow this guidance to ensure your testing process is *sweet & simple*.

1. Ensure you have given all of your personal information and insurance information to your camp more than three weeks prior to your camp arrival date.
2. Schedule your COVID-19 tele-health appointment at <https://www.grapefruittesting.com>. Your appointment should be scheduled for 3 days prior to your arrival date. For example, if your camp arrival date is on a Sunday, you should schedule your appointment for the Thursday beforehand. **All appointments are made in EASTERN TIME.**
3. Once you sign up for an appointment, you will receive text reminders and instructions on how to log on closer to your appointment.
4. Please wait for your kit to arrive in the mail. It should arrive the week of your appointment.
5. Once your kit has arrived, follow the instructions on the kit and take the test the morning of your telehealth appointment. (Our test is a simple non-invasive nose swab. The swab only needs to go into the nostril 1 inch). You do not have to wait until your telehealth appointment to complete the test.
6. Ship your kit out with the UPS return label as soon as possible, ideally before Noon. The sooner your kit is returned, the more timely your results will be.
7. Log on <https://grapefruit.doxy.me/> for your tele-health appointment and to speak with our provider.
8. Your results will be emailed to you as soon as they are ready. They will be ready before your camp arrival date.

That's it! We believe COVID-19 testing should be Sweet and Simple, and we work hard every day to make it that way. If you have any questions or concerns, don't hesitate to contact us or your camp immediately.