

4-H Camp Shankitunk Menu Weeks 2,4

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast		Blueberry Muffins Breakfast Tornado Yogurt & Granola Assorted Cold Cereal Oatmeal Milk/Juice Hot Chocolate	Scrambled Eggs Bacon Corned Beef Hash Yogurt & Granola Assorted Cold Cereal Oatmeal Milk/Juice Hot Chocolate	Bagel w/ Cream Cheese Bananas Yogurt & Granola Assorted Cold Cereal Oatmeal Milk/Juice Hot Chocolate	French Toast w/ Syrup Sausage Yogurt & Granola Assorted Cold Cereal Oatmeal Milk/Juice Hot Chocolate	Breakfast Sandwich Hash Browns Yogurt & Granola Assorted Cold Cereal Oatmeal Milk/Juice Hot Chocolate
Lunch		Ham & Cheese Melt on Pretzel Bun Sweet Potato Fries Salad Bar Vanilla Pudding Milk	<u>Platoon BBQ</u> Hot Dog w/ Bun Potato Chips Applesauce Cheese Sticks Watermelon Milk	Grilled Cheese Sandwich French Fries Tomato Soup Salad Bar Jello Milk	Goulash Green Beans Salad Bar Cornbread Fruit Crisp Milk	<u>Pizza Day</u> Variety of Pizza's Salad Bar Ice Cream Milk
Dinner	Subs Ham, Turkey, Tuna, PB & J Macaroni Salad Pickles Chips Watermelon Milk	Spaghetti & Meatballs Salad Bar Garlic Bread Dump Cake Milk	Taco Tuesday Rice and Beans Lettuce Tomato Cheese Salsa Caramel Cake Milk	Chicken BBQ Baked Beans Corn on the Cob Coleslaw Dinner Roll Strawberry Shortcake Milk	Roast Turkey w/ Gravy Mashed Potatoes California Blend Vegetables Cranberry Sauce Stuffing Apple Pie Crisp Milk	
Snack <small>*Choice of two</small>	String Cheese Fruit Lemon Cookie	Goldfish Crackers Fruit Double Chocolate Cookie	<u>Platoon Campfire</u> S'mores Yogurt	Popcorn Fruit No-Bake Cookie	Birthday Cake Fruit	

*Fruit available in the kitchen

**Special dietary needs accommodated to the best of our ability